

Youth Mental Health Therapist

About South Lane Mental Health:

Located in Cottage Grove, Oregon, South Lane Mental Health is guided by an enduring commitment to provide individualized mental health services with compassion and respect. South Lane Mental Health's staff of 100 provided a variety of therapeutic services to over 2,000 individuals in Cottage Grove and the surrounding community. Our employees have a wide range of backgrounds, educational attainment and skill sets. We strive to create an agency community characterized by empowerment, compassion and innovation.

About the Position:

South Lane Mental Health is seeking a Youth Mental Health Therapist. A full time Qualified Mental Health Professional, the therapist provides trauma-informed mental health therapy to youth and adolescents, including individuals, families, and groups, as well as providing crisis support and intake assessments. The Youth Mental Health Therapist collaborates with co-workers on clinical details of family/community systems, and completes required documentation. A portion of this position includes working on-site at an area school at least one to two days a week, with the potential for more.

Position Duties:

- Work as a therapist to help youth and adolescents with emotional problems and/or psychiatric disabilities identify symptoms, goals, and methods for achieving desired outcomes.
- Build therapeutic relationships with clients by helping them identify personal strengths, resources needed to acquire skills and supports, and by assisting them in developing and implementing individualized plans.
- Provide family support, including providing support for parents, as necessary and appropriate.
- Work with clients to provide therapy and support in the environment that provides the best opportunity for success, including conducting therapeutic sessions in the office, in the community or schools, over the phone, and/or conducting home visits as necessary and appropriate.
- Understand that many individuals have been traumatized and strive to constantly provide services from a respectful, trauma-informed perspective.
- Conduct mental health assessments, develop individualized support plans, and document services appropriately.
- Provide therapeutic intervention to clients of SLMH's walk-in crisis service.
- Provide on-site counseling for students at an assigned area school.
- Coordinate and conduct group therapy programs as necessary.
- Conduct intake assessments for new clients, both in the schools and at the office.
- Complete all required paperwork in a timely manner, and meet job requirements regarding productivity and dependability.
- Participate in completeness and quality reviews as required.
- Coordinate with co-workers and treatment teams, including participating in complex case reviews or family systems reviews as necessary.
- Attend supervisory and training meetings and sessions as required.
- Perform duties in a respectful and responsible manner, both with clients and co-workers.
- Meet ethical standards.

- Positively represent South Lane Mental Health in the community and with other service providers.

Position Requirements:

- Master's degree in the related fields of therapy to include social work, professional counseling, or couples and family therapy.
- At least 2-3 years of experience providing mental health therapy or LCSW, LPC, or LMFT preferred.
- Verification of past employment and education, background check

Competencies:

- Provide individual, family, or group therapy.
- Provide crisis services, including de-escalating stressful situations.
- Ability to conduct mental health assessments according to standards set in Oregon Administrative Rules including identifying precipitating events, gathering histories of mental and physical health, alcohol and drug use, past mental health services and criminal justice contacts, assessing family, cultural, social and work relationships, and conducting a mental status examination,
- Complete a DSM 5 diagnosis
- Conducting best practice suicide risk assessments and safety planning
- Write and supervise the implementation of an integrated service plan
- Strong written and oral communications skills.
- Ability to interact with people of all ages and cultural background.
- Ability to work independently and as part of a team.
- Sound computer skills.

Benefits of Working for South Lane Mental Health:

- Exceptional culture where employees are supported, trusted and treated as adults.
- 100% employer payment of health insurance premium for the employee.
- Dental, vision, and prescription drug insurance
- Generous Paid Time Off
- Robust Employee Assistance Program
- Opportunity to contribute to a 403(b) retirement account
- Opportunities for training and reimbursement for licensure and certification costs
- Administrative and clinical supervision, including that for licensure candidates

To Apply:

Please email resume and cover letter to employment@slmh.org

No phone calls, please.

EOE