

ICTS Youth Therapist

About South Lane Mental Health:

Located in Cottage Grove, Oregon, South Lane Mental Health is guided by an enduring commitment to provide individualized mental health services with compassion and respect. A growing agency, South Lane Mental Health's staff of over 100 provided a variety of therapeutic services to over 2,200 individuals in Cottage Grove and the surrounding community. Our employees have a wide range of backgrounds, educational attainment and skill sets. We strive to create an agency community characterized by empowerment, compassion and innovation.

About the Position:

The ICTS Therapist provides trauma-informed mental health therapy to youth clients of SLMH's Intensive Community Treatment Services (ICTS) program as well as providing crisis support and intake assessments. The ICTS Therapist is imbedded in the ICTS Treatment team and collaborates with team members on clinical details of treatment for the client and family/community systems.

Position Duties:

- Build therapeutic relationships and provide individual therapy to youth clients of the SLMH's ICTS program with emotional problems and/or psychiatric disabilities. Help these youth clients identify personal strengths and resources needed to acquire skills and supports while healing from past traumas and assist in developing and implementing culturally appropriate individualized and family plans in collaboration with other ICTS team members.
- Provide family support as necessary and appropriate, including providing support for parents and other caregivers of clients.
- Work with clients and ICTS Team members to provide therapy and support in the environment that provides the best opportunity for success. This may include conducting therapeutic sessions in the community or schools, over the phone, and/or conducting home visits as necessary and appropriate.
- Provide crisis service and assistance to other members of the ICTS team who are providing crisis support as needed.
- Conduct in depth mental health assessments, intakes, and updates for ICTS clients, develop individualized support plans, and document services as appropriate.
- Understand that many individuals have been traumatized and work to provide services from a culturally appropriate, respectful, trauma-informed perspective.
- Regularly attend ICTS team meetings, and collaborate with other ICTS team members to identify strategies to provide quality care to ICTS clients.
- Coordinate care with other members of the ICTS team, other providers, family members, courts, schools, etc. as required to assist the client in successfully meeting individual goals.
- Participate in Child and Family Team Meetings and work with adult care providers (parents, foster parents, teachers) when appropriate to assist with improving the family system.
- Schedule appointments with assigned clients, and coordinate and maintain appointment calendar.
- Complete all required paperwork, including notes on each session, individual client paperwork and annual assessments, in a timely manner.

- Meet requirements regarding productivity and dependability.
- Actively participate in both group and individual clinical supervision, as well as team and staff meetings.
- Engage in continuing education activities and trainings, maintain appropriate continuing education credits as required by board and licensure, and continually build therapeutic skills
- Participate in compliance and quality reviews as required.
- Positively represent SLMH in the community and with other service providers, and act as a liaison with other organizations or with internal committees/cross-departmental teams.
- Perform all duties in a respectful and responsible manner, with clients, their families and coworkers, and in a manner that meets all professional ethical standards.
- Additional duties as requested.

Position Requirements:

- Master's degree in the related fields of therapy to include social work, professional counseling, or couples and family therapy.
- LCSW, LPC, or LMFT preferred.
- Experience working with youth preferred

Competencies:

- Provide individual, family, or group therapy.
- Provide crisis services, including de-escalating stressful situations.
- Complete a DSM 5 diagnosis.
- Conducting best practice suicide risk assessments and safety planning.
- Write and supervise the implementation of an intensive service plan.
- Ability to conduct in depth mental health assessments according to standards set in Oregon Administrative Rules including identifying precipitating events, gathering histories of mental and physical health, alcohol and drug use, past mental health services and criminal justice contacts, assessing family, cultural, social and work relationships, and conducting a mental status examination.
- Strong written and oral communications skills.
- Ability to interact with people of all ages and cultural background.
- Ability to work independently, as well as a strong ability to integrate with the team.
- Sound computer skills.

Benefits of Working for South Lane Mental Health:

- Exceptional culture where employees are supported, trusted and treated as adults.
- 100% employer payment of health insurance premium for the employee.
- Dental, vision, and prescription drug insurance
- Generous Paid Time Off
- Robust Employee Assistance Program
- Opportunity to contribute to a 403(b) retirement account
- Opportunities for training and reimbursement for licensure and certification costs
- Administrative and clinical supervision, including that for licensure candidates

To Apply:

Please email resume and cover letter to employment@slmh.org

No phone calls, please.

EOE