

Mental Health Therapist

About South Lane Mental Health:

Located in Cottage Grove, Oregon, South Lane Mental Health is guided by the principle that no one seeking assistance will be turned away, and an enduring commitment to provide individualized mental health services with compassion and respect. A growing agency, South Lane Mental Health's staff of 100 provided a variety of therapeutic services to over 2,200 individuals in Cottage Grove and the surrounding community. Our employees have a wide range of backgrounds, educational attainment and skill sets. We strive to create an agency community characterized by empowerment, compassion and innovation.

About the Position:

South Lane Mental Health is seeking a Mental Health Therapist. A full time Qualified Mental Health Professional, the Therapist provides therapy and supportive case management services to adults, couples, and/or adolescences struggling with mental health problems, trauma, and poverty.

Position Duties:

- Work as a therapist to help adults, couples, and/or adolescences with emotional problems and/or psychiatric disabilities identify symptoms, goals, and methods for achieving desired outcomes.
- Build therapeutic relationships with consumers of mental health services by helping them identify personal strengths, resources needed to acquire skills and supports, and by assisting them in developing and implementing individualized plans.
- Understand that many individuals have been traumatized and strive to constantly provide services from a respectful, trauma-informed perspective.
- Conduct mental health assessments, develop individualized support plans, and document services appropriately.
- Complete all required paperwork in a timely manner.
- Participate in completeness and quality reviews as required.
- Participate as a member of a treatment team(s.)
- Attend supervisory and training meetings and sessions as required.
- Provide crisis services as required.
- Meet any job requirements regarding productivity and dependability.
- Perform duties in a respectful and responsible manner, both with clients and co-workers.
- Meet ethical standards.
- Positively represent South Lane Mental Health in the community and with other service providers.
- As required act as a liaison with other organizations.

Position Requirements:

- Must have one of the following:
 - Bachelor's degree in nursing and licensed by the State of Oregon;
 - Bachelor's degree in occupational therapy and licensed by the State of Oregon;
 - Graduate degree in psychology;

- Graduate degree in social work;
- Graduate degree in recreational, art, or music therapy; or
- Graduate degree in any other behavioral science field.
- Verification of past employment and education, background check

Competencies:

- Ability to conduct mental health assessments according to standards set in Oregon Administrative Rules including identifying precipitating events, gathering histories of mental and physical health, alcohol and drug use, past mental health services and criminal justice contacts, assessing family, cultural, social and work relationships, and conducting a mental status examination,
- Complete a DSM 5 diagnosis
- Conducting best practice suicide risk assessments and safety planning
- Write and supervise the implementation of an integrated service plan
- Provide individual, family, or group therapy within the scope of the counselor's training.

Benefits of Working for South Lane Mental Health:

- Exceptional culture where employees are supported, trusted and treated as adults.
- 100% employer payment of health insurance premium for the employee.
- Dental, vision, and prescription drug insurance
- Generous Paid Time Off
- Opportunity to contribute to a 403(b) retirement account
- Opportunities for training and reimbursement for licensure and certification costs
- Administrative and clinical supervision, including that for licensure candidates

To Apply:

Please email resume and cover letter to employment@slmh.org

No phone calls, please.

EOE